

Cheer 1 Nashville / Junglenasticks

7657 Highway 70 South #101, Nashville, TN 37221

Online Registration: www.thestudiodirector.com/cheernashville/register.jsp

ASSUMPTION OF RISK AND WAIVER OF LIABILITY

If you have questions concerning this document, please call us at 969-9955 or email at contact@cheeranddance1.com. Thank You!

I, _____, parent and/or guardian of _____, give my consent to allow my child to participate in Cheer & Dance 1 Nashville's cheerleading/dance program, which may include the Junglenasticks gymnastic program.

CHEERLEADING & DANCE PROGRAM:

I understand that my child is required to be in good, physical condition and that the activities in which he/she will participate may be strenuous and require physical strength and athletic agility. These activities may include, but are not necessarily limited to, a variety of dance & tumble routines, including somersaults, back-handsprings, aerials, & round-offs, that there may be a variety of mounts and stunts, requiring the coordination of more than one participant. I also understand that my child's participation may include the use of equipment, including but not limited to, trampoline, air tumble track, and/or spring-loaded platform. Additionally I understand that my child may be instructed in exercises to help improve his/her strength, flexibility, agility, and endurance. I also understand that cheerleading & dance are activities, which involve the risk of injury, ranging from minor (bruises & sprains) to more serious (broken bones), or even catastrophic injuries, including partial or total paralysis, and death. With this knowledge, I accept any and all risks associated with my child's participation in the program. I have also discussed the risks associated with cheerleading/dance/gymnastics with my child (where applicable) and on behalf of my child, myself, and any other family member, I release Cheer & Dance 1 Nashville, Inc., Steve & Tamara Rokusek, and any instructors within the program, from any and all claims for damages to persons or property which might arise as a result of an accident or injury occurring while my child participates in the program. This release includes participation in classes, camps, clinics, open gyms, shows, demonstrations, competitions, and transportation to such events (where applicable). This release also applies to my own participation, with or without supervision, for any activity in which I may engage while on the premises. I have fully read and understand this consent and release.

JUNGLENASTICKS PRESCHOOL/RECREATIONAL GYMNASTICS & PARENT/CHILD PROGRAM:

I understand that my child is required to be in good, physical condition and that the activities in which he/she will participate may include tumbling and the use of a variety of gymnastics equipment, including but not limited to, bars, beam, vault, trampoline, inflatable device, zip line, and swinging apparatus. Additionally I understand that my child may be instructed in exercises to help improve his/her strength, flexibility, agility, and endurance. I also agree to follow gym safety procedures as explained to me in any Parent/Child class and/or open gym, which I may attend with my child. Furthermore, I understand that tumbling & gymnastics are activities, which involve the risk of injury, ranging from minor (bruises & sprains) to more serious (broken bones), or even catastrophic injuries, including partial or total paralysis, and death. With this knowledge, I accept any and all risks associated with my child's participation in the program. I have also discussed the risks associated with cheerleading/dance/gymnastics with my child (where applicable) and on behalf of my child, myself, and any other family member; I release Cheer & Dance 1 Nashville, Inc., Steve & Tamara Rokusek, and any instructors within the program, from any and all claims for damages to persons or property which might arise as a result of an accident or injury occurring while my child participates in the program. This release includes participation in classes, camps, clinics, open gyms, shows, demonstrations, competitions, and transportation to such events (where applicable). This release also applies to my own participation, with or without instructor supervision, for any activity in which I may engage while on the premises. I have fully read and understand this consent and release.

I attest that I am the parent and/or legal guardian of said student(s) and I am authorized to agree to and sign this Consent & Release on behalf of my child as well as myself.

Parent or Legal Guardian Signature: _____ Date: _____